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Ivymount Outreach Programs
Course Catalog
2020 Spring Edition

www.ivymountoutreach.org
This calendar displays start and end dates for each session. Please visit www.ivymountoutreach.org for specific program dates, including school breaks and holidays.
After-school and weekend group programs with an emphasis on FUN

Saturday Programs

Camp Live Out Loud (LOL) is a Saturday morning program serving youth and young adults of all ability levels. Designed and led by a team of Ivymount trained staff, participants engage in a variety of activities focusing on music, movement, sports, games, cooking, and the arts. Guest Leaders and/or special activities will be featured each session. Tuition includes all camp materials, art supplies, snacks, daily reports, and more than 30 hours of engaging activities.

Designed for students ages 6 - young adult.
*Additional cost if 1:1 support is required.

Program runs for 10-week sessions on Saturday mornings from 10 AM - 1:15 PM.

Winter Session Dates:
December 7, 2019 - March 14, 2020

Spring Session Dates:
March 21, 2020 - June 13, 2020

This girls club will gather to talk about issues they care about, while working on a project or enjoying an activity together. The focus is on friendship and developing social skills.

Designed for middle and high school girls who seek reciprocal social interactions with peers.
*Additional cost if 1:1 support is required.

Program runs for 10-week sessions on Saturday mornings from 11AM -12PM

Spring Session Dates:
March 21, 2020 - June 13, 2020

ABE Generalization & Enrichment Opportunities
Do you already have a home service provider and are looking for opportunities for enrichment opportunities? Enroll your child in one of our recreational programs, which will provide an appropriate setting to work on program goals while participating in fun, engaging activities led by experienced Ivymount staff.
After-School Programs

Clubs

After-school clubs at Ivymount (formally called “Arts and Athletics”) provide extracurricular activity programs for students of all abilities. Groups are designed and led by Ivymount’s Adapted PE teachers, Art teacher, and other highly-trained Ivymount staff.

Individuals participate in the activity of their choice. Each club will have a skill sharing, product display or scrimmage at the end of the session. Check the website to see what activities will be offered each session.

Designed for students of all abilities, ages 6 - young adult.

*Additional cost if 1:1 support is required.

Program runs for 10-week sessions on Tuesdays and Thursdays from 3:30 - 5PM. Participants may choose Tuesdays, Thursdays, or both.

Winter Session Dates: January 7, 2020 - March 12, 2020
Spring Session Dates: March 17, 2020 - June 4, 2020
Ivymount Outreach offers a variety of social skills programs based on curricula developed at Ivymount. Programs target a variety of skills, such as understanding friends and friendships, developing conversation skills, and playing games with friends. Programs are offered on a rotating basis across Fall and Spring.

**Ivymount developed Social Skills Programs**

In Game Time, students are explicitly taught the skills needed to play structured and unstructured games with peers. The program reinforces many of the concepts from Unstuck and On Target!, although the course is not a prerequisite for participation. Participants are encouraged to apply cognitive flexibility scripts and strategies, such as Plan A/Plan B, Big Deal/Little Deal, Compromise, and Expect the Unexpected. The program helps children manage the common challenges of game playing, such as not going first, taking turns, and winning and losing gracefully.

This curriculum is most effective for elementary and middle school aged students who are on grade level academically, highly verbal, and able to access learning through a verbally based instructional format.

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**Spring Semester Dates:**
February 22, 2020 - May 30, 2020
EDUCATIONAL AND THERAPEUTIC PROGRAMS
Programs for Middle and High School Students

PRE-EMPLOYMENT AND TRANSITION SERVICES

Self-Advocacy

Using a program piloted at Ivymount School, students will develop self-advocacy skills through a variety of activities. By the end of the course, students will have identified their strengths, interests and challenges. Students will gain a better understanding of their disability, practice goal setting, and develop strategies and resources for problem solving. Students will plan a culminating event to “tell their story” and showcase the skills they have developed.

For participants who reside in Maryland, funding is available through the MD Department of Rehabilitation Services (DORS) Pre-Employment Transition Services (Pre-ETS). Speak to your DORS Counselor to apply. Families can also pay privately for the program.

Designed for students ages 14-18 years old, who are able to communicate verbally but may have cognitive or language challenges. Participants should be able to work in a group environment.

Program runs from 4:00 - 6:30PM on Tuesday evenings for 12 weeks.

Spring Semester Dates:
February 22, 2020 - May 30, 2020

Ivymount Outreach will offer additional programs that qualify for funding by Pre-ETS. Check out our website www.ivymountoutreach.org in early winter for additional program information.
PROFESSIONAL SERVICES

Ivymount Outreach offers trainings and consultations across a variety of topics in the field of special education.

Parenting with Acceptance and Commitment

Invest in yourself. Gain the tools to help you live in a way that aligns with your personal values and goals for your family.

As a parent you have many wishes for your child, family, and yourself - these are your values. At times these wishes or values may feel unattainable or difficult to reach.

Jennie Kampf, Program Director at Ivymount School & Programs, will introduce concepts from Acceptance and Commitment Training (ACT) in a 7-week series. During this series, you will participate in group sessions with other parents of children with disabilities to learn about ACT, practice courage and compassion (including self-compassion) in your parenting, identify the values you have for your child and family, accept the difficult feelings and situations that stand in the way, and commit to actions that move you closer to your values.

Coming this Spring 2020.
Check the website for dates.

ABA SERVICES

Providing Ivymount’s tradition of excellence in Applied Behavior Analysis to clinic, home and community settings

Early Childhood Programming

Our Early Childhood Clinic focuses on teaching preschool aged children the foundational skills necessary for learning. We provide a collaborative, evidence-based program to teach communication, preschool readiness, self-care, play skills, and skills to develop meaningful social relationships. Services include comprehensive ABA with embedded speech and occupational therapy. Services available in our full-day clinic on-site at Ivymount.

Clinic runs Monday - Friday 8:30AM - 2:30PM

In-Home Programming

Our home programs are individually designed based on the needs of each client and their family. We collaborate with families to teach targeted goals or provide comprehensive ABA programming in home and community settings. All ABA staff are Ivymount trained and supervised.

Services available after-school and on weekends.
Extending Ivymount’s Exceptional Services to the Community

Ivymount Outreach shares the expertise of Ivymount School and The Maddux School with the greater community. We offer services by highly trained staff to individuals, families and professionals. Our services include recreational, educational, and therapeutic programs, as well as trainings and consultation across a variety of topics in the field of special education.

Register now!
Visit www.ivymountoutreach.org for more information or to register.
Email outreach@ivymount.org or call 301-469-0223 with questions.

Exciting Updates from Ivymount Outreach

Our 8th Annual Resource Fair will be held Feb 23, 2020. Visit www.ivymount.org/resourcefair2020 for more info

Save the Date for the Music for Autism Concert on Saturday, March 28

New workshop for parents: Acceptance and Commitment Therapy
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